

The bully, too, often suffers from low self-esteem, despite first appearance. There is much a parent can do to encourage him or her to relate to other children better and to feel more secure about him or herself. All parents should talk to their children about bullying from time to time. Listen out for any suggestion that bullying is acceptable and counter it. In particular, don't accept that boys are always rough with one another or girls catty, that everyone does it, or that you are making an unnecessary fuss. You should be aware that your child could be a bully at school, however s/he may behave at home, and that adults might even reinforce bullying behaviour in children by the way they deal with other people.

Staff awareness and training

- As part of their child development and child protection training all staff are trained on signs and symptoms of bullying and appropriate responses
- Refresher training and discussions of this issue take place in the context of staff meetings
- Staff are aware that they must record all incidents of bullying in the anti-bullying log book to ensure that any recurring incidents or repeated behaviour are picked up on.

Policy Review

- The school anti-bullying is reviewed every two years to ensure that we are completely up to date with all dimensions and aspects of bullying including cyber bullying.
- We encourage parents to contribute to and comment on our anti-bullying policy.