



Heathside Preparatory School

16 New End Hampstead London NW3 1JA Tel: 020 7794 5857 Fax: 020 7435 6434

CITIZENSHIP AND PERSONAL, SOCIAL AND HEALTH EDUCATION "PSHE" POLICY

Introduction:

PSHE enhances the emotional health and welfare of the Heathside pupils. It supports children's growth and helps them to learn effectively and manage the transition from childhood to adulthood. The PSHE curriculum is designed to provide our pupils with the skills to grow into independent and confident young people.

Aims:

The aim of the Heathside PSHE curriculum is to help and encourage pupils to:

- Understand themselves, others and the world in which they live;
- Understand and handle their emotions;
- Develop a sense of social and moral responsibility;
- Value themselves and their peers as individuals;
- Show respect to those around them;
- Make a positive contribution to their community;
- Make a positive contribution to the wider world;
- Understand difference and diversity;
- Share their experiences and learn from those of their peers;
- Celebrate their own successes and achievements;
- Celebrate the successes and achievements of those around them;
- Safeguard themselves and lead a healthy lifestyle; and
- Grow into happy and confident young people.

THE HEATHSIDE PSHE CURRICULUM IS DESIGNED TO SUPPORT ALL SOCIAL AND EMOTIONAL ASPECTS OF LEARNING "SEAL".

Teaching and Learning:

PSHE is taught through a variety of mediums such as circle time, group discussion, assemblies, investigations and problem solving activities. All classes involve themselves in a range of different PSHE activities. The pupils at Heathside experience a range of opportunities to become involved in PSHE activities within the wider community such as charity fund raisers and local concerts.

Planning and Delivery of the PSHE Curriculum

PSHE is included in the Heathside curriculum in a variety of ways including:

- Through cross-curricular links (eg. linking science with sexual relations education and drugs education)
- Through activities and whole school events (eg. "Jeans for Genes Day" and "Anti-Bullying Week")
- Through resources provided by outside agencies (eg. TFL "Safe Transport for Schools")
- Through class and small group activities (eg. Year Six Secondary School transfer programme).

Assessment and Recording:

Assessment is an on-going and age specific process brought about by:

- Observation of pupils working;

- Discussion with children, both in groups and individually;
- Informal observations; and
- Formal observations (where required).

Special Educational Needs:

If and where Special Educational Needs are identified, the class teacher, in partnership with the PINCO will ensure that the necessary support and materials are provided to facilitate access for all children to all areas of the PSHE curriculum.

The Key Aim of the PSHE Curriculum:

Heathside school, with the support of our PSHE curriculum, aims to provide all pupils with the skills and understanding to enable them to celebrate their successes, handle any difficulties and leave as happy and confident young people who are adequately equipped to deal with the next stage of their education and their future lives.